# Volunteer Resources Health & Wellness

#### American Cancer Society (820 Davis St, Ste. 400, Evanston)

Fight back against cancer by participating at Relay for Life or Making Strides against Breast Cancer walk. CRachel Schindler at 847-317-0025 or <u>Rachel.schindler@cancer.org</u> to get involved. Website: <u>https://www.cancer.org/</u>

# American Red Cross of Greater Chicago (2200 W Harrison St, Chicago)

Lead Red Cross service projects which include spreading awareness and funds for fire safety, measles and rubella prevention, and holiday card writing to be sent to veterans throughout the US. The Red Cross seeks to help people across the world by providing emergency relief, health & safety training, and running blood drives. Visit <a href="http://www.redcross.org/volunteer/become-a-volunteer#step2">http://www.redcross.org/volunteer/become-a-volunteer#step2</a> to learn about volunteer opportunities at this location and email <a href="http://www.redcross.org/with-additional-questions">http://www.redcross.org/volunteer/become-a-volunteer#step2</a> to learn about volunteer opportunities at this location

#### ETHS Community Service Club (ETHS)

Join the students on the *Cause for a Cure* committee of the Community Service Club to plan events that bring awareness to important health issues year-round. St. Baldrick's and Pink Out are examples of popular annual events that volunteers organize. To join the Community Service Club, visit Ms. Collins in the Community Service Department (Hub, W222) or email <u>ethscommunityservice@eths.k12.il.us</u>.

#### Evanston Hospital, NorthShore University Health System (2650 Ridge Ave, Evanston)

Students who are 16 and older can volunteer in a variety of roles from doing clerical work to working in the gift shop and making deliveries in the hospital. To inquire about volunteer opportunities for the school year, contact Maureen Rizzi at 847-570-2711 or mrizzi@northshore.org. Website: www.northshore.org

#### **Evanston Substance Abuse Prevention Coalition (ESAPC)**

ESAPC works with other organizations, community members and youth to create programs, policies and raise awareness to effectively reduce alcohol, tobacco, and other drug use among young people in Evanston and increase the adoption of healthy lifestyles. Join the alcohol committee, the tobacco committee, the marijuana committee, the publicity committee, and more! Contact Anna Landmeier, ETHS Social Worker and Alcohol Committee Chair, at <u>landmeiera@eths.k12.il.us</u> to join. Website: <u>http://esapcoalition.org</u>

# PEER Services (906 Davis St, Evanston)

Volunteers are needed for event planning and marketing, as well as facilitators and volunteers for its annual Snowflake workshop—an event that teaches middle schoolers important like skills in a fun and interactive way. The mission of PEER Services is to eliminate substance use and the problems it causes for individuals, families, and communities through collaborative, high-quality prevention and treatment services. Contact Jenny Phan at <u>jphan@peerservices.org</u> or 847-492-1778 for more information. Website: <u>www.peerservices.org</u>

# Random Acts of Flowers (2000 Greenleaf, Suite 2, Evanston)

#### Mondays, 3:30-5:30pm

Random Acts of Flowers recycles and repurposes flowers by engaging dedicated volunteer teams to deliver beautiful bouquets and moments of kindness to individuals in healthcare facilities across the country. Contact Sydney Werd at 847-430-4751 or <u>Sydney@rafchicago.org</u>. Website: <u>http://randomactsofflowers.org/</u>

#### Saint Francis Hospital (355 Ridge Ave., Evanston)

Volunteers must be at least 16 years of age. A medical release with proof of immunizations, TB screenings and a background check are required. Volunteers should volunteer at least 4 hours a week for 3 months. Various volunteer activities include assisting with pet therapy, greeting guest and patients, becoming a Patient Ambassador and supporting the Emergency Department. Email <u>PSFHVolunteers@presencehealth.org</u> or call 847-316-2255 for more information. To volunteer, fill out the online application found on their website: <u>http://www.presencehealth.org/presence-saint-francis-hospital-evanston-volunteer</u>.

#### NorthShore University Health Sytem (2650 Ridge Ave., Evanston)

Volunteer positions include assisting on a nursing unit, Emergency Department, Intensive Care lounge, making deliveries in the hospital and more! Volunteers must be at least 16 years of age, participate in an interview, provide immunization records, attend orientation, and go through position specific training. Each shift is 4 hours and volunteers must be able to commit to regular shifts. Call 847-580-2000 or visit their website for more information. Website: <a href="https://northshore.org/community-events/volunteer/volunteer-requirements/">https://northshore.org/community-events/volunteer/voluntee

# Additional Information

#### **ETHS Community Service--Volunteer Opportunities**

On our website, find current volunteer opportunities and a database of organizations that seek student volunteers: <a href="http://www.eths.k12.il.us/community/community\_service1.aspx">http://www.eths.k12.il.us/community/community\_service1.aspx</a>.

#### **NU--ETHS Partnership Office**

Kristen Perkins--NU/ETHS partnership liaison. Can assist students and connect them with NU programs, offices, and departments in any area of interest, especially the sciences: <u>perkinsk@eths.k12.il.us</u>.

#### **Volunteer Evanston**

The mission of Volunteer Evanston is to connect volunteers to opportunities in Evanston and assist local organizations that serve the Evanston community: <u>www.volunteerevanston.org</u>.